

## WHAT IS CLAIMED IS:

1. A wrist supporting apparatus for bowing having an angle adjusting means, the wrist supporting apparatus comprising:

5                   a hand-strap slot for accommodating one end of a hand-strap

that securely fixes a hand pad to the back of the hand of a bowler, the hand-strap slot being formed adjacent to the one end of the hand pad and provided with jagged protrusions so as to adjust and secure the hand-strap in desired position;

10                  a fixed roller facilitating an attraction of the hand-strap fastened to said hand-strap slot by reducing a friction when fastening the hand-strap;

                      a moveable roller for hand-strap that further firmly attracts the hand-strap being tensed by the fixed roller, whereby the hand-strap can be fasten with optimized tension by means of a Velcro tape;

15                  a horizontal angel adjusting means including saw-toothed protrusions formed on an upper surface of a hand pad and a bottom surface of a center plate so as to precisely adjust and firmly secure the hand pad in a preferred angle with respect to a wrist pad;

20                  a vertical angle adjusting means for adjusting vertical angle of a hand pad with respect to a wrist pad, on which a flange is formed at circumference thereof so as to prevent slipping out of a supporting tip

disposed at one end of a wrist pad;

two movable rollers for a wrist strap that are disposed at the  
both side of a wrist pad; and a wrist pad that is pivotally connected to a  
5 hand pad by means of rivet or a bolt.

2. A wrist supporting apparatus according to claim 1, wherein the wrist  
pad has a symmetrical shape so that the wrist pad can be installed to  
any hand pads regardless of its direction.

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3. A wrist supporting apparatus according to claim 1, wherein a plurality  
of embossed protrusions are located in the vicinity of the hand-strap  
slot.

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4. A wrist supporting apparatus according to claim 1, wherein the wrist  
pad is provided with a wrist-strap slot on which a plurality of jagged  
protrusions are formed so as to firmly secure the wrist-strap.